

SAINT THERESA OF AVILA PARISH

MAY 5, 2024

10 SAINT THERESA AVENUE WEST ROXBURY, MA 02132

617-325-1300 STOFFICE24@GMAIL.COM



Photo: Fr. Lawrence Lew, O.P.

SIXTH SUNDAY OF EASTER

Jesus said to his disciples:

“As the Father loves me, so I also love you. Remain in my love.”

John 15:9

# SAINT THERESA OF AVILA PARISH

IN COLLABORATIVE WITH SAINT JOHN CHRYSOSTOM PARISH

## SAINT THERESA OF AVILA

Saturday Vigil: 4:30 pm in Main Church  
Sunday: 8:00 am, 10:00 am in Main Church  
Daily: Monday, Wednesday, Friday 8:30 am  
Holy Days: As announced  
Confessions: Thursday 6:30 –7:00 pm in the Chapel.

Exposition of Blessed Sacrament: Wednesday morning  
following 8:30 A.M. Mass

## SAINT JOHN CHRYSOSTOM

Saturday Vigil: 4:00 pm  
Sunday: 7:30 am, 9:30 am  
Daily: Tuesday, Thursday 4:30pm,  
Saturday 8:30am  
Holy Days: As announced  
Confessions: Saturday morning 9:15-9:45 A.M.  
Exposition of Blessed Sacrament: Saturday morning

## MASS INTENTIONS

WEEK OF MAY 5, 2024

### Sunday, May 5

8:00 A.M. Arthur Joseph O’Keefe—40th Anniversary Mass  
10:00 A.M. Meg Beatty Coyne—Anniversary Mass  
Marie Bostrom—Anniversary Mass

### Monday, May 6

8:30 A.M. Harold and Mary Bogue—Memorial Mass

### Wednesday, May 8

8:30 A.M. William T., Helen E., and William T. Doyle, Jr.  
Memorial Mass  
7:00 P.M. Vigil Mass Ascension Thursday

### Thursday, May 9

8:30 A.M. Holy Day Mass Ascension Thursday

### Friday, May 10

8:30 A.M. Special Intention Mass

### Saturday, May 11

4:30 P.M. Ross Birch, Sr.—10th Anniversary Mass  
Patrick Joyce—Anniversary Mass  
Mary Jane Zucca—Memorial Mass  
Robert and Patricia Cawley—Memorial Mass  
Molly and Fred Adgate—Memorial Mass

### Sunday, May 12

8:00 A.M. Joseph and Dorothy Fagrey; Brian McCormack  
Memorial Mass  
10:00 A.M. Reverend Richard Rieman—Memorial Mass

## CLERGY

Reverend John J. Connolly, Jr. — Pastor  
Reverend Charles J. Higgins  
Deacon Brian Kean

## STAFF

### PRINCIPAL OF SAINT THERESA SCHOOL

Mrs. Mary Kate Stepatos  
www.sttheresaschoolboston.com • 617-323-1050

### RELIGIOUS EDUCATION

Grades 1-5: Ms. Rosetta Mark rmark@staboston.org  
Grades 6-10: Ellen Murphy, emurphy@staboston.org

### RCIA

Susan Abbott, sttadultfaith@gmail.com

### COORDINATOR OF YOUTH MINISTRY

Rudy Flores, rudy.flores@holynameparish.com

### DIRECTOR OF MUSIC

Brandon Santini, bsantini86@gmail.com

### BUSINESS MANAGER

Julie Perri, jperri@staboston.org

### DIRECTOR OF FACILITIES

Michael O’Brien, mobstsj@gmail.com

### PARISH SECRETARY

Carol O’Brien, sttoffice24@gmail.com

Mon. Tues. Wed. Thurs. 9:30 A.M. —12:00 Noon

## MISSION STATEMENT

### PRAYER OF SAINT THERESA OF AVILA

*Christ has no body now on earth but yours;  
yours are the only hands with which He can do His  
work,  
yours are the only feet with which He can go about the  
world,  
Yours are the only eyes through which His compassion  
can shine forth.  
Christ has no body on earth now but yours.*



# FORWARD in FAITH

SCAN HERE to  
make your gift  
or visit



"Every gift to the Appeal, no matter the amount, has meaning and purpose, and every gift plays an integral part in the vital mission of the Archdiocese of Boston." – Cardinal Seán O'Malley

[bostoncatholicappeal.org/donate4](http://bostoncatholicappeal.org/donate4)

As of April 24, 75 donors from Saint Theresa Parish have pledged \$29,005 to the 2024 Catholic Appeal - - 37% of our goal of \$78,500. If you have not made a donation yet, please use the envelopes in the pews or scan the QR Code above to do so. We thank you for your generosity.



We congratulate and ask God's blessings on all the tenth grade students of our Collaborative who received the Sacrament of Confirmation Thursday evening and their families. May the gifts of the Holy Spirit strengthen them to be faithful followers and defenders of the Faith.

We also congratulate and ask God's blessings on the families and second grade students of our Collaborative who will receive First Holy Communion this weekend.



## YOUTH M·I·N·I·S·T·R·Y

Happy Easter

Youth Ministry  
Events - May  
May 5, 6-7:30pm  
Discussion on Who Is Jesus  
May 19, 6:30-7:30pm  
Youth Social Justice Group

RSVP

At St. John Chrysostom Parish  
4750 Washington St. West Roxbury

**SAINT THERESA CHAPEL** is open for private prayer Monday through Friday from 8:30 A.M. until 4:30 P.M.

### EVANGELIZATION

May 5 ~ Sixth Sunday of Easter

Today's Scriptures place great emphasis on love – God's love for us and our love for one another. "This is my commandment, love one another." The love that we share is not our own, rather it is the love God has for us. Love is a powerful means of evangelization. The way we live, and love as faithful disciples will draw people to Jesus Christ. So, let's take the scripture to heart this week and extend the love of God to others.



### REMEMBER THOSE WHO SERVE

If you would like your relative or friend who is serving in the military to be remembered in the prayers of our parish, please provide their name, rank, service branch, and location if applicable. You can call the Parish Office ( 617-323-4410 / 617-325-1300) or email [sttooffice24@gmail.com](mailto:sttooffice24@gmail.com)

PROCESSIONAL HYMN

Love Divine, All Loves Excelling

1. Love di - vine, all loves ex - cel - ling,  
 2. Come, Al - might - y, to de - liv - er,  
 3. Fin - ish then your new cre - a - tion,

Joy of heav'n, to earth come down!  
 Let us all your life re - ceive;  
 Pure and spot - less, gra - cious Lord.

Fix in us your hum - ble dwell - ing,  
 Sud - den - ly re - turn and nev - er,  
 Let us see your great sal - va - tion

All your faith - ful mer - cies crown.  
 Nev - er more your tem - ples leave.  
 Per - fect - ly in you re - stored.

Je - sus, source of all com - pas - sion,  
 You we would be al - ways bless - ing,  
 Changed from glo - ry in - to glo - ry,

Love un - bound - ed, love all pure;  
 Serve you as your hosts a - bove,  
 Till in heav'n we take our place,

Vis - it us with your sal - va - tion,  
 Pray, and praise you with - out ceas - ing,  
 Till we sing be - fore the Al - might - y,

Let your love in us en - dure.  
 Glo - ry in your pre - cious love.  
 Lost in won - der, love, and praise.

Text: Charles Wesley, 1707-1788, alt.  
 Tune: HYFRYDOL, 8 7 8 7 D; Rowland H. Prichard, 1811-1887

PSALM 98: SIXTH SUNDAY OF EASTER, YEAR B

**R.** The Lord has re - vealed to the na - tions his sav - ing pow'r.

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 Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

PREPARATION HYMN

Regina Caeli / Mary, Heaven's Queen

Re - gi - na cae - li lae - ta - re, al - le - lú - ia:  
 Mar - y, heav - en's Queen, sing for joy, al - le - lu - ia:

Qui - a quem me - ru - í - sti por - ta - re, al - le - lú - ia:  
 The One you mer - it - ed to bring to birth, al - le - lu - ia:

Re - sur - réx - it, sic - ut dix - it, al - le - lú - ia:  
 Rose from the dead, as he had said, al - le - lu - ia:

O - ra pro no - bis De - um, al - le - lú - ia.  
 In - ter - cede for us with God, al - le - lu - ia.

Text: Regina caeli laetare, Latin 12th C.; tr. by Ronald F. Krisman, b.1946, © 2011, GIA Publications, Inc.  
 Tune: REGINA CAELI, Irregular; Mode VI; acc. by Ronald F. Krisman, b.1946

COMMUNION HYMN

VINE AND BRANCHES

Trevor Thomson

Refrain  
 I am the vine and you the branch-es. Re-main in  
 me as I re-main in you; you will bear great fruit in me.

Verses  
 1. A new com - mand - ment I give you: e - ven  
 2. No great - er love is there than this: than to  
 3. I am the liv - ing bread from heav - en; if you  
 4. All those who eat my flesh and drink my blood re -  
 5. The words that I have spo - ken are  
 6. And now as I have washed your feet, so

to Refrain  
 1. as I have loved you, now love one an - oth - er.  
 2. lay down your life, your life for your friends.  
 3. eat this bread, you will live for - ev - er.  
 4. main in me and I re - main in them.  
 5. spir - it and life, they are spir - it and life.  
 6. you must do just as I have done.

Text based on John 6:35-63; 13:14-15; 15:1-13.  
 d music © 2012, Trevor Thomson. Published by Spirit & Song, a division of OCP. All rights reserved.

The Parish Choir is actively recruiting new members. Inquire about a short term or longer-term commitment with our music director, Mr. Brandon Santini. Make new friends, learn music and pray with us. Rehearsals Wednesday evening. Email address [bsantini86@gmail.com](mailto:bsantini86@gmail.com) or inquire after Mass.



THE MASSACHUSETTS CITIZENS FOR LIFE  
 MOTHER'S DAY ROSE DRIVE

will be held on May 11 / 12 to aid mothers and babies (born and unborn) in need. Please be a Life Saver!

BULLETINS BY EMAIL

Pilot Bulletins provides the opportunity for you to have the Bulletin sent to you by email each week. To sign up for this, please go to: [thebostonpilot.com](http://thebostonpilot.com) and scroll (way) down to Saint Theresa of Avila West Roxbury and enter your email address. The Bulletin will show up in your email each week for your convenience. This is a great way to stay connected to the Parish if you are away.

RECESSIONAL HYMN

**This Is the Feast of Victory**

This is the feast of vic-to-ry for our God. Al-le-

lu - ia, al-le - lu - ia, al - le - lu - ia. lu - ia.

1. Wor - thy is Christ, the Lamb who was slain, whose  
 2. Pow - er, rich - es, wis - dom, and strength, and  
 3. Sing - ing with all the peo - ple of God, and  
 4. Bless - ing, hon - or, glo - ry, and might be to  
 5. For the Lamb who was slain has be -

D.C.

blood set us free to be peo - ple of God.  
 hon - or, bless - ing, and glo - ry are his.  
 join in the hymn of all cre - a - tion.  
 God and the Lamb for - ev - er. A - men.  
 gun his reign. Al - le - lu - ia.

Text: Based on Revelation 5, © 1978, Lutheran Book of Worship, admin. by Augsburg Fortress  
 Tune: FESTIVAL CANTICLE, Irregular with refrain, Richard Hillert, 1923-2010, © 1975, 1988, Richard Hillert

**A PRAYER FOR THE HOLY LAND**

May all who love the Holy Land seek to bring about among all the parties engaged in the fighting a cessation of violence, respect for civilian populations and the release of hostages. "As we pray urgently for peace, we recall especially all the families and individuals suffering from these

APRIL 20 / 21



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**ONLINE: \$1,185**  
**TOTAL: \$5,894**

**THANK YOU FOR YOUR GENEROUS SUPPORT!**

**PROJECT RACHEL**

Are you – or someone you know – seeking peace after an abortion? The Project Rachel ministry of the Archdiocese of Boston extends a special invitation to women experiencing regret from a past abortion to attend a Come to the Waters of Healing one-day retreat. Upcoming dates are Saturday, May 11 and Saturday, June 8. Locations are confidential. For more information on the retreats or other services, contact Project Rachel at 508.651.3100 or [help@projectrachelboston.com](mailto:help@projectrachelboston.com).

**AL-ANON FAMILY** meets on Zoom every Wednesday night, 7:30--8:30 P.M. Meeting ID number is 815 638 572 82. The password to get into the meeting is 665775. You can also find this on the Al Anon site. New members always welcome!



**PRAYER FOR THOSE WHO ARE ILL**

**LORD, OUR GOD, HELP OF THE HELPLESS, BE NEAR OUR FRIENDS AND NEIGHBORS WHO SUFFER THIS DAY. GRANT THEM STRENGTH, PEACE OF MIND AND HEART, AND RENEWED HEALTH IF IT BE YOUR WILL, THROUGH CHRIST OUR LORD.**

**AMEN.**

Tim Albert, Gary Anderson, Joseph Anderson, Mary Antonellis, Michelle Baker, Alan Bartlett, Marilyn Barry, Margaret Barto, Catherine Bielawa, Stephen Bisordi, Joseph Blackman, Diane Blaskiewicz, Kevin Boettger, Margaret Bomba, Jr., Damien Brennan, Chet Broderick, Katie Broderick, Paul Broderick, Kendall Buczynski, Stephanie Buczynski, Frank Budukiewicz, Geraldine Bulman, Joan Bumila, Larry Burke, Allen Cameron, Lisa Carden, Maria Cemrania, Jeanne Clancy, Nicholas Cleary, Brendan Coggavin, Charles Collins, John Collins, Rose Connolly, Mary Connors, Eileen Corrigan, Teresa Costa, Tom Cunningham, Richard Curran, Jr., Debra Daum, Gary D'Avila, Mary DeSantis, Lorraine DeVirgilio, Cristina Donatelli, Claire Donohoe, Kristen Doty, John J. Doyle, Kathleen Durepo, John Ellis, Helen Evans, Audrey Fallon, Barbara Farulla, Joseph Federico, Mary Feeney, Rose Finn, Joseph Fisher, Griffin Fleishman, Charles Fleming, Patrick Flynn, Dan Foley, Neil Foley, Terry Forkins, Ben Fox, Nora Frasier, Karen Glazer, Louise Gogg, Louise Goodwin, Eleanor Gordon, Colin Andrew Greco, Stephan Grundy, Patricia Hade, Denise Hamilton, Ann Hanlon, Patricia Dolan Harwitz, Elizabeth Heffernan, Mary D. Hennessey, Jackie Hess, Barbara Hickey, Louise Marie Hogan, Eleanor Howard, Janet Hughes, Meaghan W. Hussey, Kyle Johnson, Phil Keating, Mary Kenny, Karen Kostek, Irene Kyricos, Kylee LeSourd, Madison Paige Losuts, Taylor Anne Lynch, Lois MacDonald, Kathleen Maloney, Shawn Patrick Maloney, Elizabeth Matalobos, Jason McCann, Michael McCarthy, Patrick McCarty, Linda McClelland, Helen McCloskey, Mildred McDermott, Kara McGonagle, Erin McGuirk, Ellen McKenna, Jessica McKenzie, Joanne McKenzie, Neil McLaughlin, Paul McNamara, Hilda Mendise, Anna Minotti, Cynthia Monahan, Joe and Cindy Morello, Deanna Morrissey, Maryellen Mulhern, Pat Mullen, Honora Murphy, Annie Murray, Maria Nadile, Michael Nadile, Donna Nazzaro, Bruce Newman, Billy O'Brien, Mary O'Brien, Sister Mary O'Brien, Daniel O'Connor, Jay O'Connor, Natalie O'Connor, Patrick O'Connor, Barbara Page, John Palumbo, Virginia Palumbo, Steve Papia, Sheila Papia, Nicole Pellagrino, James Perri, Carol Pitman, Marie Polo, Virginia Prendergast, Kathy Psaros, Barton Ramos, Josephine Rappa, Steven Ricchiuti, Theresa Ricco, Joel Rivera, Kate Robbins, Kathleen Ryan, Merry Samonte, Lawrence Samonte, Stephen Shea, Jeannie Schlosky, Gina Scrima, John Sera, Kevin Shea, Zachary Shea, Claire Sloane, Terry Smart, Catherine Spellman, William Spicer, Albert Spiniello, Diane Carr Staton, John Sullivan, Patsy Sullivan, Philip Sullivan, Timothy Sullivan, Irene Supino, Steve Theodorakis, Mary Timony, Ellen Tobin, Joshua Torremoro, Edward Treseler, Jr., Edward Treseler, Sr., Peter Usherwood, Stephen Usherwood, Albert Vincentio, Ellen Vogel, Mary Walsh, Paula Ward, Catherine Watson, Brian Webber, Cassandra Welles, Bill Whitcomb, Anthony Young, and Florence Yu

**Prayers for my brother Thomas who is in need of a kidney transplant.**

If you are willing to give the gift of life, please contact Debbie, his Living Donor Champion, at [savetomslife723@gmail.com](mailto:savetomslife723@gmail.com)

*If you know of anyone on this list who is no longer in need of prayers please call the rectory to have their name removed 617-323-4410*

**Prayer to Saint Joseph  
Defender of Life**

*Dearest St. Joseph,  
At the word of an angel,  
you lovingly took Mary into your home.  
As God's humble servant, you guided  
the Holy Family on the road to Bethlehem,  
welcomed Jesus as your own son  
in the shelter of a manger,  
and fled far from your homeland  
for the safety of both Mother and Child.*

*We praise God that as their faithful protector,  
you never hesitated to sacrifice  
for those entrusted to you.  
May your example inspire us also  
to welcome, cherish, and safeguard  
God's most precious gift of life.*

*Help us to faithfully commit ourselves  
to the service and defense of human life  
—especially where it is  
vulnerable or threatened.  
Obtain for us the grace  
to do the will of God in all things.  
Amen.*

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- What is Marriage? God's Plan for Love and Life
- The Sacrament of Matrimony: You, Me, and Jesus
- The Rite of Marriage: The Consent We Give and Live
- Finances: Let's Talk Money
- Five Spiritual Practices for Marriage and Family Life: Keeping Christ at the Center of our Marriage
- The Mass: The Presence of Christ
- Marital Sexuality: Love's Perfect Design

To sign up for this Marriage Preparation Program, offered virtually by the Archdiocese of Boston, please visit [www.bostoncatholic.org/familylife/transformedinlove](http://www.bostoncatholic.org/familylife/transformedinlove)

**PRAY FOR UKRAINE**

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**SAVE the DATE...**  
32<sup>ND</sup> ANNUAL  
POPE ST. JOHN XXIII NATIONAL SEMINARY  
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**READINGS & OBSERVANCES 2024 YEAR B**

<b>6<sup>TH</sup> SUNDAY OF EASTER</b> May 5	Acts 10:25-26, 34-35, 44-48/Ps 98:1, 2-3, 3-4/1 Jn 4:7-10/Jn 15:9-17
<b>MONDAY</b> May 6	Acts 16:11-15/Ps 149:1b-2, 3-4, 5-6a+9b/Jn 15:26—16:4a
<b>TUESDAY</b> May 7	Acts 16:22-34/Ps 138:1-2ab, 2cde-3, 7c-8/Jn 16:5-11
<b>WEDNESDAY</b> May 8	Acts 17:15, 22—18:1/Ps 148:1-2, 11-12, 13, 14/Jn 16:12-15
<b>THURSDAY</b> May 9	<i>The Ascension of the Lord—Holy Day of Obligation</i> Acts 1:1-11/Ps 47:2-3, 6-7, 8-9 /Eph 1:17-23 or Eph 4:1-13 or 4:1-7, 11-13/Mk 16:15-20
<b>FRIDAY</b> May 10	<i>Saint John of Avila, Priest and Doctor of the Church; Saint Damien Joseph de Veuster of Moloka'i, Priest</i> Acts 18:9-18/Ps 47:2-3, 4-5, 6-7/Jn 16:20-23
<b>SATURDAY</b> May 11	Acts 18:23-28/Ps 47:2-3, 8-9, 10/Jn 16:23b-28
<b>7<sup>TH</sup> SUNDAY OF EASTER</b> May 12	Acts 1:15-17, 20a, 20c-26/Ps 103:1-2, 11-12, 19-20/1 Jn 4:11-16/Jn 17:11b-19



**HOLY NAME SODALITY**

The next meeting of the Holy Name Sodality with Mass will take place on Monday, May 6 at 2:00 P.M. in Holy Name Lower Church. Women from our neighboring parishes are most welcome to join us.



Parishioners can request a Prayer Shawl for someone by contacting Carol O'Brien at [sttoffice24@gmail.com](mailto:sttoffice24@gmail.com) or by calling 617-323-4410. Every prayer shawl is different and perfect. Donations of completed shawls may be dropped off in the parish office, Monday—Thursday 9:30 —12 Noon or when you come to Mass. Thank you, PHM. (Parish Health Ministry).

**COMMUNITY SENIORS** meet at Saint John Chrysostom Parish on the second Tuesday of the month for conversation, presentations of interest to Parkway Seniors, and Bingo. This group is open to both men and women and we are always happy to have new members. We have some fun events planned for this year and would love to have you join with us. Please call Beverly for more information 508-359-9789.



**CATHOLIC CHARITIES FOOD PANTRY**

The Catholic Charities Food Pantry remains in desperate need of donations, especially now with rising prices. The situation continues to be urgent for many families. You may bring your contributions of food to the rectory garage on Tuesdays and Thursdays from 11:00 A.M.—1:00 P.M. Thank you for your ongoing generous support.

**FEED THE HUNGRY**

*Collaborative Parish Health Ministry*

Parkinson's Disease Series:

Part 1 What is Parkinson's disease?

Parkinson's disease (PD) is a movement disorder of the nervous system that gets worse over time. As nerve cells (neurons) in parts of the brain weaken, are damaged, or die, people may notice problems with movement, tremors, stiffness in the limbs or the trunk of the body, or impaired balance. As symptoms progress, people may have difficulty walking, talking, or completing other simple tasks. Not everyone with one or more of these symptoms has PD, as the symptoms appear in other diseases as well.

There is no cure for PD, but research is ongoing, and medications or surgery can often provide substantial improvement in motor symptoms. The 4 primary symptoms of PD include:

1. Tremor (shaking),
2. Rigidity (muscle stiffness),
3. Bradykinesia (slowing down of movements), decrease in facial expressions (masked face),
4. Impaired balance and changes in posture which can increase the risk of falls (referred to as a Parkinsonian gait).

PD does not affect everyone the same way. The rate of progression and the symptoms differ among individuals. PD symptoms typically begin on one side of the body. However, the disease eventually affects both sides, although symptoms are often less severe on one side than on the other.

Other problems may accompany PD, such as depression, difficulty swallowing, speech changes, and sleep or cognitive problems. For further information on symptoms refer to the following website. Parkinson's Disease | National Institute of Neurological Disorders and Stroke ([nih.gov](http://nih.gov))

**EMERGENCY RESPONSE TO STATE MIGRANT CRISIS**

We remind you about the Saint Vincent de Paul clothing bin in the parking lot at Saint John Chrysostom Parish for donations of clothing to help the migrants. Your generous response to this emergency request will be greatly appreciated.

**NEW TO THE PARISH??**

If you have recently moved into the Parish and would like to register to receive Parish mailings and Offertory envelopes, please fill in the form below and drop it in the offertory basket or return it to the rectory. You may also register online by visiting our website

[www.stheresaparishboston.com](http://www.stheresaparishboston.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_

State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Email \_\_\_\_\_

**ASCENSION THURSDAY****MAY 9**

Thursday of this week is Ascension Thursday, a Holy Day of Obligation. The Mass schedule is as follows:

Saint John Chrysostom  
Thursday, May 9 4:30 P.M.

Saint Theresa  
Wednesday, May 8 7:00 P.M.  
Thursday, May 9 8:30 A.M.

**6<sup>th</sup> Sunday of Easter**

A famous saying, used in politics and religion, says "Don't listen to what I say, watch what I do." It's the opposite of another proverb, "Do as I say, not as I do." Actions do indeed speak louder than words. What we do and how we act, especially when we think no one is watching, says more about our values and beliefs than any profession of faith, hope or love.

For a good idea to become a value, it has to move from the mind and heart to the hands and feet. It has to change our behavior and become visible by what we do. Generosity is not real until we give; faith is not real until we pray; kindness is not real until we treat others well. When we put our values into practice, it not only changes others, but it also changes us. The very practice of our beliefs helps them to grow stronger and makes them more a part of who we are and who we will become. This is why we try to instill in our children a sense of values and virtues at a young age. As soon as they begin to share with others, play nicely, and learn manners, the more likely it is that these traits will stick with them. It is a combination of example, practice and teaching that gives kids a concrete grasp of what it means to be a kind and loving Christian.

~James Gaffney © Pilot Bulletins

# ASCENSION OF THE LORD

**THE COMMISSIONING OF THE DISCIPLES**

"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit." Matthew 28:19



## MAY IS MENTAL HEALTH AWARENESS MONTH

a time to raise awareness of mental health issues and reduce the stigma surrounding them. **37 percent** of alcohol abusers and **53 percent** of drug abusers also have **at least one serious mental illness.**

Great article from US Catholic <https://uscatholic.org/articles/202404/the-opioid-epidemic-calls-for-a-catholic-response/> For more information see the following links.



Archdiocesan Addiction Recovery  
Pastoral Support Services  
A ministry of the Archdiocese of Boston

[www.AARPSS.org](http://www.AARPSS.org)



**Catholic  
in Recovery**

Catholic in Recovery is a Catholic based 12 step program based in the Sunday scripture readings. For more information contact Deacon Jim Greer, 617-645-7915 or visit

<https://catholicinrecovery.com/>

## iTHIRST

The iTHIRST initiative empowers dioceses, parishes and communities to become a resource for those suffering from addictions and their families. At the heart of iTHIRST is an understanding that there is a spiritual dimension to the disease of addiction that cannot be met by clinical professionals, but only by the spiritual consolation and guidance that the Church can provide.

iTHIRST is an initiative of the *Missionary Servants of the Most Holy Trinity* a religious community of priests and brothers who serve the poor and abandoned.

<https://ithirstinitiative.org/>

**Dial 988: Suicide & Crisis Lifeline**



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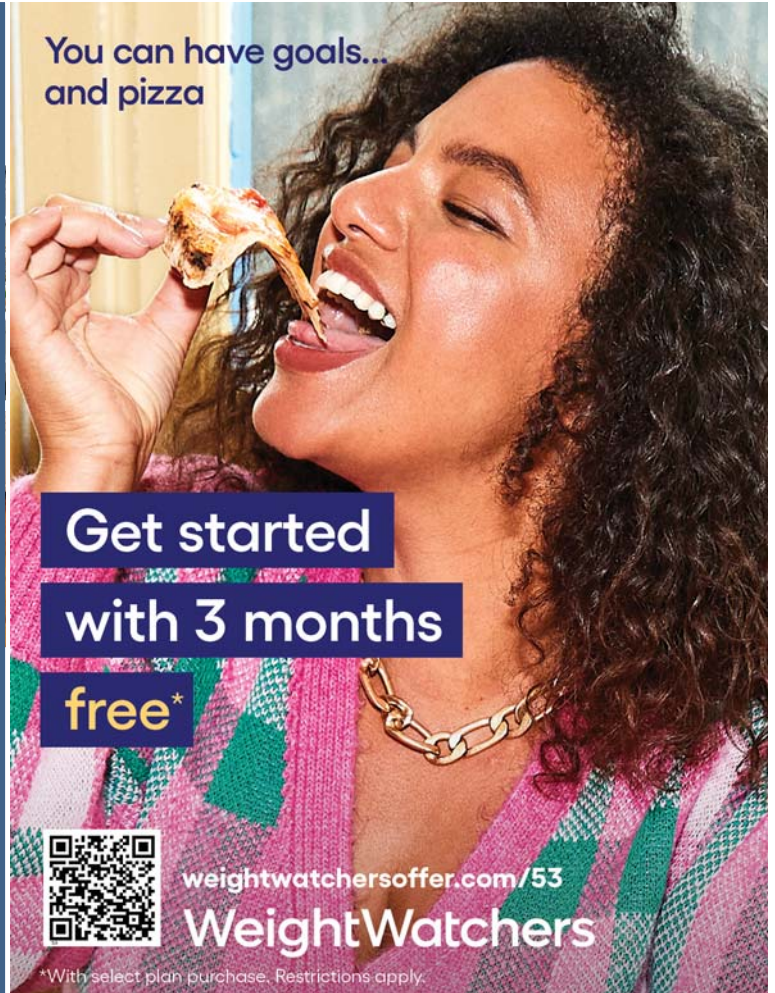
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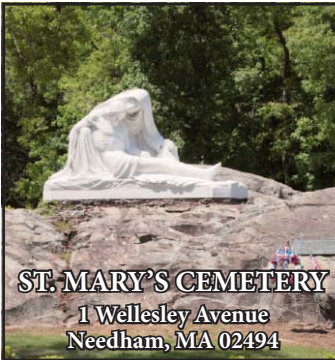
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